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Helping Our  
Community Meet Their  
Child Care Needs

# Tianna Sondgeroth

Learning Connection Instructor at Monarchs Newbury Park



## Fun Fact

I am a newlywed! My wedding day was during the 2018 Woolsey Fire and we had to evacuate and find a brand new venue the day of the wedding!

## Educational Biography

Tianna Sondgeroth is the Recreational Director here at Monarchs Gym, Newbury Park. Originally from Santa Maria, California, Tianna moved to the Thousand Oaks area to attend California Lutheran University where she merited her Bachelor of Arts degree in psychology with a minor in Spanish. Tianna took several psychology courses, including developmental psychology, which couples well with her passion for teaching and coaching children.

In addition to academics, Tianna competed on the NCAA Diving team for CLU. A good balance of school and athletics always held the utmost importance in Tianna's academic career. Thus, in 2017 she graduated CLU with Magna Cum Laude honors, as a 4 year scholar athlete, and among the top 10% of her class with Departmental Distinction.

Being such a determined student led Tianna into teaching as well. In the Fall of 2015, Tianna studied abroad in Sevilla, Spain. While there, she volunteered at a school called Colegio Maria Madre De Iglesia where she taught two English classes to 1st grade and 8th grade students. Additionally, before Monarchs, Tianna worked for California Psychcare as a Behavioral Therapist for children on the Autism Spectrum, guiding them through daily tasks using Applied Behavioral Analysis techniques. Tianna's clients ranged from 2 to 14 years old.

Overall, Tianna has a long history of working with and inspiring children as she began at the age of 14 and never stopped. We are thrilled to have Tianna as our instructor for Learning Connection.



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# Sarah McDougall

**KIDDO Klub Instructor at Monarchs Newbury Park**

## **Fun Fact**

I Love Disney, it's my favorite thing in the world! I go to Disneyland about 3 times every week! I love that you get to feel like a kid again every time you enter the park.



## **Educational Biography**

Sarah McDougall is a lifelong Newbury Park Resident and has been a part of our Monarchs family for 17 years. Not only has Sarah been an exceptional coach for our classes and programs, but Sarah was reared in the gym and began taking classes here herself at the age of seven. She progressively worked her way through our levels and when she became of age, Sarah started coaching and has continued ever since.

Recently, Sarah has built up our Kinder Camp program and is our lead Mobile Gym Instructor. Along with her knowledge of gymnastics skills, Sarah has always had a natural enthusiasm for working and playing with kids which can be easily detected when you see her loud, energetic, and joyful energy. It is for these reasons that we know Sarah is the perfect fit for leading our KIDDO Klub program in Newbury Park.

Aside from Monarchs, Sarah is a true kid at heart that has a love for just about everything, including education and the education of our youth. In 2019 she attended Moorpark College and received an Associates Degree in Early Childhood Education. As part of her course, Sarah took classes for working with special needs children and gained personal experience working with these groups on her own time as well. Currently, Sarah is in the process of transferring to courses at Fresno State where she will be pursuing a bachelors degree in psychology and public relations. Overall, Sarah has worked with an array of children from pre-school age to elementary, and would like to continue working with children in any and all careers she has in the future.



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# Lisa Franz

**Learning Connection Instructor at Monarchs Agoura Hills**

## **Fun Fact**

I have many hobbies including cooking, exploring, crafting, and hiking. I even have a collection of bird nests that I have found on my hikes.



## **Educational Biography**

Lisa was born in Santa Barbara, California and spent most of her time moving around, learning and seeing new places. For her education, Lisa continued to explore different parts of the U.S. as she attended Wellesley College in Massachusetts to obtain her Bachelor's Degree in Political Science. Next, she moved on to higher education at The University of Notre Dame in Indiana, where she accomplished her Master's in International Relations. With all her newfound knowledge, it was now time to apply her skills to the world, and what better way than to connect her skills with the youth of our country. Lisa soon spent eight years dedicated to home schooling kids and another 4 years to private tutoring for 3rd through 8th grade students. Lisa was able to show her love for learning by bringing it to the next generation.

In the world of athletics, Lisa has always loved sports and dance, especially ballet. She believes gymnastics is great because it combines the elements of dance with power and skill to create a unique sport that emphasizes athleticism as well as grace. After getting an education, having a family, and being a part of the workforce, Lisa has thoroughly enjoyed circling back to her childhood love of athletics as a coach here at Monarchs.

Lisa has been working at Monarch's for numerous years and we could not be happier that she has settled here. As one of our amazing staff members and our Coordinator of Community Affairs, she really is special to our big family and we know she will do an outstanding job leading our Learning Connection Program in Agoura Hills.



# Sherrri Epperson

KIDDO Klub Instructor at Monarchs Agoura Hills

## Fun Fact

I love being a grandma! I have a beautiful granddaughter that I love spending time with while her mom (my daughter in the Marines) is stationed in Palm Springs.



## Educational Biography

Sherrri was originally born in Inglewood, California, and moved to Agoura Hills in 1978. Five years later, after establishing herself in our local community, Sherrri attended Moorpark College to pursue an Associates Degree in Child Development. Currently, Sherrri is taking courses once again to further her education and stay knowledgeable on new concepts and ideas within her subject of interest. Sherrri has taken numerous classes specifically pertaining to Child Development including Children's Literature, Science, Music, and Pre-school classes.

From 1984-1986 Sherrri worked at Sunny Skies Day Camp in Agoura Hills. She worked with children between the ages of two to five and assisted the director with creating processes, making sure each day ran efficiently, and ensuring every child had a wonderful experience. Sherrri's passion for working with kids continued to strengthen with this experience. Next, Sherrri worked at Woodland Village School teaching pre-school for ages two to three. After a few years, she taught Pre-Kindergarten for ages two to five at Grace Brethren from 1989 to 1996.

In her personal life, Sherrri adopted twins and enjoyed taking some time off to grow her own family and apply her skills to her own life. Some time later in 2003, Sherrri started working once again, this time at Calvary Community Church in Westlake, California. While there, she directed day to day programs by making schedules, producing curriculum, and coordinating operations.

In the courses of her careers, Sherrri has also volunteered at several pre-schools and has accumulated valuable hands on experience. She is food allergy, first aid, and concussion certified. Sherrri enjoys working with children so much and loves spreading her knowledge onto others.